

Borderland STARS 2023/2024

Cheerleader Pledge



Borderland Stars is the highest rank at Borderland Cheer and Dance.

I realize that I am representing Borderland Cheer and Dance 24 hours a day by my actions and will take that responsibility as an honor. I will be held to a high standard of moral character. Our goal is to surround ourselves with positive athletes who strive to reach both the team's goals and their personal goals. I understand my behavior and actions reflect not only my team and coaches, but also, my own integrity. Understanding this, I agree to the following:

I am committing to the full 2023-2024 season.

I understand that my team is depending on me to fulfill my responsibilities as a team member. I will not give up, quit, or threaten to quit during my team membership.

I agree to follow the 2023-2024 Team Code of Conduct

I will always cooperate and give my best.

I will trust my coaches and try what is asked of me. I will not give attitude, say no, or say I can't when asked to do or not to do something. I will communicate appropriately when I am not familiar with the skill.

I must be able to accept constructive criticism.

Negative attitudes towards corrections from coaches or teammates are not appropriate. The way I will give and receive constructive criticism to my teammates will be kind and non-confrontational.

I will show respect and demonstrate good sportsmanship to teammates, parents, coaches, judges and other teams.

This includes no bad-mouthing, spreading rumors, foul language, inappropriate actions, or speaking poorly of Borderland Cheer and Dance. Lying or fabricating the truth WILL NOT be tolerated.

I will not misuse the internet.

This includes using YouTube, Twitter, Instagram, Snapchat, TikTok, or any other social media sites, apps, emails, or websites in relation to any Stars member or in a way that will embarrass myself or Borderland Cheer and Dance. Cyberbullying WILL NOT be tolerated under any circumstances.

I will take care of my body and show self-respect at all times.

I will strive to be in top physical condition and work my hardest during my team's conditioning drills so that I can get the most out of every practice.

I will not participate in illegal activities or have possession of illegal substances/paraphernalia.

I understand that excessive public displays of affection are never considered appropriate.

This is especially true while in Borderland gear/uniform, during practices or at team events.

Consequences:

1st offense: sit down with coaches to write out a plan of action

2nd offense: Cheerleader will write a letter to director, coaches, parents and all involved.

3rd offense: Meeting with Director, Coaches, and parents to discuss consequences.

Depending on the severity of the offense cheerleader may be dismissed from the team at any time.

Member name: _____

Member Signature: _____ Date: _____